

# Twisted Trellis Cowl

[www.TheKnitMcKinley.com](http://www.TheKnitMcKinley.com)

**Construction:** This companion accessory to the Twisted Trellis Hat is a deep cowl meant to be a loose and drapery but warm accessory. Knit with worsted weight yarn on US 8 needles, the Twisted Trellis Cowl uses slipped and twisted stitches to build a trellis pattern.

**Skill level:** Intermediate

**Skills needed:** Knitting in the round, slipping stitches, twisting stitches, binding off loosely

**Size:** One Size/ Adult

**Circumference:** 32"

**Height:** 15"

**Gauge:** 18 sts and 24 rows per 4" in stockinette stitch knit flat

**Materials:**

US 8 (5.0 mm) 24" circular needles

370 yards aran weight yarn. *Shown in Lion Brand Basic Stitch Anti Pilling (185 yds, 100 g., 100% acrylic), olive, 2 skeins.*

Stitch Marker

Yarn needle

Scissors

**Abbreviations:**

BO: Bind off

CO: Cast on

k: knit

LPT: left purl twist: slip next stitch off needle and hold to front. Purl next stitch. Knit held stitch  
p: purl

rnd(s): round(s)

RPT: right purl twist: slip next stitch off needle and hold to back. Knit next stitch. Purl held stitch

sl1: Slip one stitch purlwise with yarn in back

st(s): stitch(es)

**Pattern Notes:** The twisted trellis pattern chart is included for reference with the instructions. Please refer to the written instructions for pattern repeats.



## Instructions:

CO 160 sts using your preferred CO method. Join to knit in the round, placing sm to mark beginning of round.

Begin bottom border:

Rnd 1: \*k1, p1; repeat from \* to end of rnd.

Rnd 2: \*s1, p1; repeat from \* to end of rnd.

Repeat ends 1-2 five times (a total of 12 rounds complete).

Begin trellis pattern:

Rnd 3: \*p3, k2, p3; repeat from \* to end of rnd.

Rnd 4: \*p3, sl1, sl1, p3; repeat from \* to end of rnd.

Rnd 5: \*p2, RPT, LPT, p2; repeat from \* to end of rnd.

Rnd 6: \*p2, sl1, p2, sl1, p2; repeat from \* to end of rnd.

Rnd 7: \*p1, RPT, p2, LPT, p1; repeat from \* to end of rnd.

Rnd 8: \*p1, sl1, p4, sl1, p1; repeat from \* to end of rnd.

Rnd 9: \*RPT, p4, LPT; repeat from \* to end of rnd.

Rnd 10: \*sl1, p6, sl1; repeat from \* to end of rnd.

Rnd 11: \*K1, p6, k1; repeat from \* to end of rnd.

Rnd 12: \*sl1, p6, sl1; repeat from \* to end of rnd.

Rnd 13: \*LPT, p4, RPT; repeat from \* to end of rnd.

Rnd 14: \*p1, sl1, p4, sl1, p1; repeat from \* to end of rnd.

Rnd 15: \*p1, LPT, p2, RPT, p1; repeat from \* to end of rnd.

Rnd 16: \*p2, sl1, p2, sl1, p2; repeat from \* to end of rnd.

Rnd 17: \*p2, LPT, RPT, p2; repeat from \* to end of rnd.

Rnd 18: \*p3, sl1, sl1, p3; repeat from \* to end of rnd.

Repeat rounds 3-18 four times (five 16-round repeats total).

Repeat rnds 3-4 once more.

Begin top border:

Rnd 17: \*k1, p1; repeat from \* to end of rnd.

Rnd 18: \*s1, p1; repeat from \* to end of rnd.

Repeat ends 17-18 five times (a total of 12 rounds complete).

BO all sts loosely. Weave in loose ends and block lightly to finish. Wear.

