

Rhode Trip Cowl

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Construction:

The Rhode Trip Cowl (formerly called “A Cowl for Hat No. 5”) is a companion pattern to the Rhode Trip Hat (formerly a Hat No. 5). This cowl mimics the pattern of the Rhode Trip Hat and is a perfect cabled cowl for knitting on a fall road trip.

With a 30” circumference and 16” height, it is designed to pile up loosely around your neck - a fall accessory for when it’s cool enough to want something around your neck, but not quite cold enough to bundle up in your winter gear. This pattern has become a favorite of mine and I hope you enjoy it too!

Skill level: Intermediate

Skills needed: knitting in the round, cabling, and twisting stitches.

Size: One size - Adult

Circumference: 30” unstretched

Height: 16”

Gauge: 18 sts and 24 rows is 4” square in cabled pattern

Materials:

US 8 (5.0 mm) 24” circular needle, or size to obtain gauge

400 yards worsted weight wool or wool blend yarn

Stitch Marker

Yarn needle

Scissors

Abbreviations:

BO: Bind off

CO: Cast on

k: knit

LT: left twist: knit into the back of the second stitch on the left needle, then knit the first stitch on the left needle, drop both stitches of left needle

p: purl

6LC: six stitch left cable: Hold next 3 stitches to front, knit next three stitches, knit three held stitches

Notes:

Each 12-stitch pattern repeat is approximately 2 3/4" wide and each 6-round cable repeat is approximately 1" tall. You can customize your cowl by adding or decreasing in 12-stitch increments when casting on and changing the number of cable pattern repeats complete. You will need to adjust your yardage to accommodate your desired size. The instructions below will use 360 yards of worsted weight wool or wool-blend yarn, yielding a cowl with a 30" circumference and 16" height.

Instructions:

CO 192 sts. Join to knit in the round, being careful not to twist the stitches. Place SM to mark beginning of round.

Edging:

Rnd 1: *k2, p2; repeat from * to end of rnd

Repeat Rnd 1 seven times (8 rows total - approx 1 1/2" length)

Body of Cowl: (use written instructions or chart at bottom of page):

Rnds 2: *k6, p2, k2, p2; repeat from * to end of rnd

Rnd 3: *k6, p2, LT, p2; repeat from * to end of rnd

Rnd 4: repeat round 2

Rnd 5: *6LC, p2, LT, p2* repeat around

Rnds 6: repeat round 2

Rnds 7: repeat round 3

Repeat rounds 2-7 eleven times (12 repeats total).

Edging:

Rnd 8: *k2, p2; repeat from * to end of rnd

Repeat Rnd 8 seven times (8 rows total - approx 1 1/2" length)

BO loosely. Weave in loose ends. Wear.

Body of Cowl Chart:

